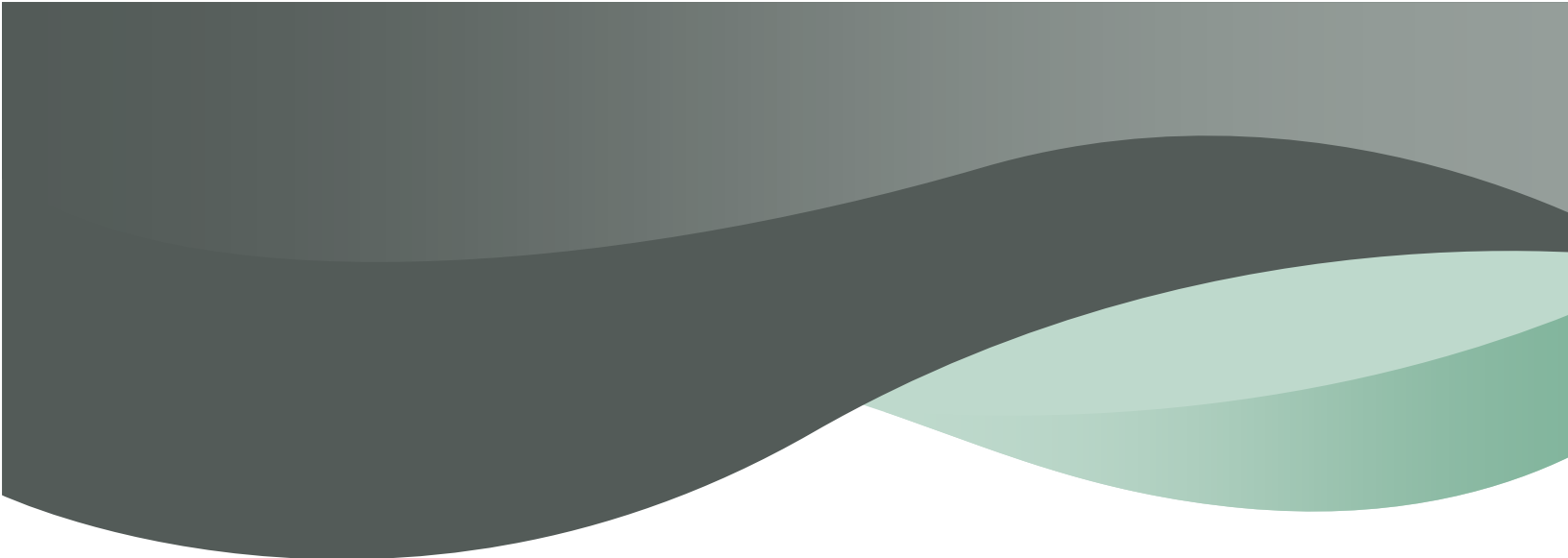




RSHE Policy

Updated for:	September 2025
Next review:	September 2026
Last parent consultation:	September 2025
Next parent consultation:	September 2026

James Montgomery Academy Trust



RSHE Policy

1. Statement of intent

Here at Hooton Pagnell All Saints C of E Primary School we understand the importance of educating pupils about relationships, sex and health education, in order for pupils to make well-informed and ethical decisions about their wellbeing, health and relationships. We have due regard for statutory guidance on RSHE and this, along with consultation, has steered the development of this policy.

RSHE in our school plays a vital role in pupils' lifelong learning about moral, social, cultural, mental and physical development. RSHE, taught alongside and within the PSHE curriculum, aims to give pupils and young people essential skills for building positive, enjoyable, respectful and non-exploitive relationships and the skills to stay safe both on and off line. It enables pupils to explore their own and other's attitudes and values and builds their self-esteem and confidence.

The DfE '[Sex and Relationship Education Guidance](#)' defines this programme as: "Learning about physical, moral and emotional development; understanding the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and health."

The programme will be taught objectively and does not promote any form of sexual orientation or sexual activity. This policy reflects the statutory RSHE & Health Education guidance with implementation from Autumn 2025. The James Montgomery Academy Trust supports early adoption of the updated guidance.

2. Aims and objectives

RSHE is an opportunity for pupils to:

- Develop an age-appropriate understanding of relationships and where Sex Education is taught, an understanding of human reproduction in line with the Science National Curriculum.
- Develop a range of personal and social skills.
- Understand how to keep themselves safe and healthy

These aims are met through an age-appropriate, inclusive, and progressive curriculum.

3. Statutory guidance

At Hooton Pagnell All Saints C of E Primary School, we teach RSHE as set out in this policy. The Department for Education made Relationships and Health Education compulsory for primary pupils and Relationships, Health, and Sex Education compulsory for secondary pupils from September 2020. This policy adheres to the following:

- DfE RSHE Guidance (updated July 2025)
- Keeping Children Safe in Education
- DfE Science Programmes of Study: Key Stages 1 and 2

4. RSHE in the curriculum

RSHE is developed in conjunction with the views of staff, pupils, and families in line with DfE recommendations.

Lessons are mainly delivered through the PSHE curriculum, with statutory components covered in the Science curriculum. Doncaster School Nursing Team support school with the teaching of sex

education, as well as some of the health and well being units in key stage 1. The RSHE curriculum is delivered over a two-year cycle to ensure full coverage of statutory content, with planning adapted to meet the needs of mixed-age classes.

In line with the updated RSHE guidance:

- The school will not teach about different forms of sexual activity or gender identity.
- Teaching about the risks of online gaming, social media, and scams will not occur before Year 3.
- Puberty education will begin no earlier than Year 4.
- Conception and birth will only be taught from Year 5 onwards, in line with the Science curriculum.

Parents can request to see all teaching materials and have the right to withdraw their child from sex education beyond the National Curriculum for Science.

Relationships Education

Curriculum Area	Where this is taught in the curriculum (see also Appendix 3)
Families and people who care for me	EYFS, Years 1 and 2
Caring friendships	Years 1, 2, 3 and 4
Respectful relationships	Years 1, 2, 3, 4, 5 and 6
Online relationships	Years 1, 2, 3, 4, 5 and 6
Being safe	Years 5 and 6

Sex Education NB there will be no teaching of content which is delivered at Secondary (see Appendix 2)

Curriculum Area	Where this is taught in the school curriculum (see also Appendix 3)
NC Science related learning:	
External body parts	
Human body as it grows, including puberty	Years 1, 2, 3 and 4 Years 5 and 6
Human reproduction (conception to birth)	Year 6

Health and wellbeing education

Curriculum Area	Where this is taught in the school curriculum (see also Appendix 3)
General wellbeing	EYFS, Years 1, 2, 3, 4, 5 and 6

Online safety and harms	EYFS, Years 1, 2, 3, 4, 5 and 6
Physical health and fitness	EYFS, Years 1, 2, 3, 4, 5 and 6
Healthy eating	EYFS, Years 1, 2, 3, 4, 5 and 6
Drugs, alcohol, tobacco and vaping	Years 5 and 6
Health protection and prevention	Years 5 and 6
Personal safety	Years 3 and 4
Basic first aid	Years 5 and 6
Developing bodies	Years 3, 4, 5 and 6

5. Training of staff

Staff involved in RSHE delivery will receive regular training in line with curriculum updates, statutory changes, and identified CPD needs. RSHE leads will support with planning and resource development.

6. Delivery of the RSHE in the curriculum

RSHE may be taught in single-gender or mixed groups, depending on the topic. Resources such as videos, books, and discussions will be used with sensitivity to age and cultural backgrounds.

Safeguarding controls prevent pupils from accessing inappropriate content online, as detailed in the JMAT Online Safety Policy.

Staff will encourage discussion, listen to pupil views, and answer questions within curriculum scope. Questions outside the taught content will be referred to parents or a trusted adult.

RSHE will be inclusive of all pupils, including those with SEND, and adapted appropriately.

7. Working with families

We recognise some RSHE topics may cause concern for families. Our approach includes:

- Regular consultation with families (e.g. surveys, open evenings, meetings).
- Clear communication about curriculum coverage.
- Opportunities for parents to view resources.

Parents have the right to withdraw children from sex education lessons that are not part of the National Curriculum for Science.

8. Equal opportunities

RSHE will be delivered in accordance with the Equality Act 2010, ensuring all pupils are treated with dignity and respect. Teaching will be inclusive and recognise the diversity of families, including LGBTQ+ families, single-parent families, and families with different faith or cultural backgrounds. Lessons will be age-appropriate, sensitive, and free from bias or discrimination. All pupils will be encouraged to understand and respect differences, fostering an inclusive school community.

9. Confidentiality

Confidentiality is maintained in the classroom where possible. However, any disclosures related to safeguarding concerns will be reported in line with the JMAT Safeguarding Policy.

10. Child on Child abuse / bullying incidents

JMAT has a zero-tolerance approach to child-on-child abuse and bullying. Incidents related to RSHE will be dealt with in line with our Anti-Bullying and Safeguarding policies. Serious incidents may be reported to external authorities.

11. Monitoring and review

This policy is reviewed annually by the Senior Leadership Team and RSHE Lead. Monitoring includes:

- Reviewing feedback from parents, staff, and pupils.
- Lesson observations and resource reviews.
- Staff training records.

Changes will be communicated to all stakeholders.

12. Document history

Previous versions now deleted from system

Issue	Author/ Owner	Date Reviewed	Reviewed by	Approved by A&R Committee (date)	Comments/ Changes
V1	JMAT	July 2025	PRG	08/07/25	• Section 8 – updated wording. • Some minor word changes to ensure compliance with updated guidance (July 2025).

Key:

PRG – Policy Review Group

A & R Committee – Audit and Risk Committee

Appendix 1

Science National Curriculum

In accordance with the DfE's 'Sex and Relationship Education Guidance' 2000, there are certain aspects of sex and relationship education which are compulsory for pupils to learn as they progress through the key stages.

Key stage	Pupils must be taught:
Key stage 1	• Identify and name main external body parts. • Recognise that animals (including humans) reproduce. • Understand how humans grow from babies into adults.
Key stage 2	• Describe the changes as humans develop to old age. • Understand human reproduction and development.

Appendix 2

Age restrictions for topic content:

- No teaching about gender identity.
- No additional sex education beyond the National Curriculum for Science, unless parents are consulted and withdrawal rights are explained
- No online harms content before Year 3.
- No puberty before Year 4.
- No conception/birth content before Year 5.

Appendix 3

PSHE Content and Coverage

Dimensions 3D PSHE covers all areas of PSHE for primary schools, as shown in the tables below:-

Reception Overview

Managing Self	Lessons
Be confident to try new activities and show independence, resilience and perseverance in the face of challenge (ELG) It's all about...taking part!	Lesson 6 'Taking the Plunge' Lesson 15 'One Gold Star'
Explain the reasons for rules, now right from wrong and try to behave accordingly (ELG) It's all about... taking part!	Lesson 5 'What a Problem' Lesson 25 'Litter Bug'
Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices (ELG) It's all about... being smart!	Lesson 3 'I Like...' Lesson 12 'Clean and Tidy' Lesson 21 'Getting in Knot'

Self-Regulation	Lessons
Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly (ELG) It's all about... having heart!	Lesson 2 'Nan's House' Lesson 13 'Bully Boy' Lesson 20 'The New Pet'
Set work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate (ELG) It's all about... being smart!	Lesson 10 'Rainy Days'
Give focused attention to what the teachers says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions (ELG) It's all about... being smart!	Lesson 18 'A Piece of Cake'

Building Relationships	Lessons
Work and play cooperatively and take turns with others (ELG) It's all about... taking part!	Lesson 4 'It's Your Turn' Lesson 9 'Stick to the Rules' Lesson 24 'Playtime Games'
Form positive attachments to adults and friendships with peers (ELG) It's all about... having heart!	Lesson 7 'An Old Friend' Lesson 14 'Family Fun' Lesson 23 'Eid Mubarak'
Show sensitivity to their own and to others' needs (ELG) It's all about... being smart!	Lesson 1 'Hide and Seek' Lesson 11 'I Feel Poorly!' Lesson 19 'Busy Body'

Year One/ Two Overview – Cycle A

Autumn 1	Core Theme 3 Unit 1 LESSON 1: Rules / Expectations - We Expect ... Core Theme 3 Unit 1 LESSON 2: Rules / Expectations - Class Charter Core Theme 1 Unit 5 LESSON 6: Internet Safety - E-Safety Core Theme 2 Unit 4 LESSON 1: Friendship - Forever Friends Core Theme 2 Unit 4 LESSON 2: Friendship - Make Friends Core Theme 3 Unit 1 LESSON 3: Taking Turns - It's Your Turn! Safe Zone Year One LESSON 1: Copyright and Ownership
Autumn 2	Core Theme 2 Unit 1 LESSON 7: Good Manners - How Rude! Core Theme 1 Unit 4 LESSON 1: Happiness - Smile! Core Theme 1 Unit 4 LESSON 2: Anger - Grrrr! Core Theme 2 Unit 1 LESSON 1: Feelings - How I Feel Core Theme 2 Unit 1 LESSON 2: Responses - You and Me Core Theme 2 Unit 1 LESSON 3: Opinions - I Think... Safe Zone Year One LESSON 2: Self-Image and Identity
Spring 1	Core Theme 1 Unit 2 LESSON 4: Washing Hands - Meet Grub! Core Theme 1 Unit 1 LESSON 1: Healthy Eating - Vote Green! Core Theme 1 Unit 1 LESSON 2: Healthy Eating - Meat Eaters Core Theme 1 Unit 1 LESSON 3: Healthy Eating - Party Time! Core Theme 1 Unit 1 LESSON 4: Physical Activity - Get Physical! Core Theme 2 Unit 3 LESSON 2: Comparisons - All the Same Safe Zone Year One LESSON 3: Managing Online Information
Spring 2	Core Theme 2 Unit 2 LESSON 1: Definition - A Bully is... Core Theme 2 Unit 2 LESSON 2: Unkindness - Blame Game Core Theme 2 Unit 2 LESSON 3: Behaviour - Bullying is... Core Theme 2 Unit 2 LESSON 4: Behaviour - + and – Core Theme 1 Unit 5 LESSON 4: Personal Safety - Secret Surprise Core Theme 1 Unit 5 LESSON 5: Emotional Safety - Getting Help Safe Zone Year One LESSON 4: Privacy and Security
Summer 1	Core Theme 2 Unit 3 LESSON 6: Kindness - Give a Little Core Theme 2 Unit 4 LESSON 5: Family - My Family Core Theme 2 Unit 4 LESSON 6: Family - Special People Core Theme 3 Unit 1 LESSON 6: Caring - Talking to Plants Core Theme 3 Unit 1 LESSON 4: Lending / Borrowing - The Borrowers Core Theme 3 Unit 1 LESSON 5: Sharing - Share the Booty
Summer 2	Core Theme 1 Unit 5 LESSON 1: Sun Safety – It's a Cover Up! Core Theme 1 Unit 5 LESSON 2: Road Safety – Green X Code Core Theme 3 Unit 3 LESSON 1: Money - Grows on Trees? Core Theme 3 Unit 3 LESSON 2: Money - Coining it in! Core Theme 3 Unit 3 LESSON 3: Money - Keep Money Safe

Year One/ Two Overview – Cycle B

Autumn 1	Core Theme 2 Unit 4 LESSON 3: Friendship - Hola! Bonjour! Core Theme 2 Unit 4 LESSON 4: Friendship - Share Alike Core Theme 2 Unit 3 LESSON 1: Fair and Unfair - It's Not Fair! Core Theme 3 Unit 2 LESSON 1: Our School - Common Goals Core Theme 3 Unit 2 LESSON 2: Belonging - I Belong ... Core Theme 3 Unit 2 LESSON 3: Belonging - Join Our Club! Core Theme 2 Unit 5 LESSON 7: Staying Safe – I Don't Know You Safe Zone Year Two LESSON 1: Self-Image and Identity
Autumn 2	Core Theme 2 Unit 3 LESSON 4: Right and Wrong - In the Right Core Theme 1 Unit 4 LESSON 5: Consequences - Good v Bad Core Theme 1 Unit 4 LESSON 6: Aspirations - It's a Goal! Core Theme 2 Unit 1 LESSON 4: Co-operation – Negotiation Core Theme 2 Unit 1 LESSON 5: Co-operation - Want to Play? Core Theme 2 Unit 1 LESSON 6: Co-operation - Let's Debate! Safe Zone Year Two LESSON 2: Online Relationships
Spring 1	Core Theme 1 Unit 2 LESSON 5: Keeping Clean - Bath-time Core Theme 1 Unit 2 LESSON 6: Skin - Skinny Tips Core Theme 1 Unit 2 LESSON 1: Dental Hygiene - Brushing Up! Core Theme 1 Unit 2 LESSON 2: Dental Hygiene - Bright White Core Theme 1 Unit 2 LESSON 3: Dental Hygiene - Top Teeth Core Theme 1 Unit 5 LESSON 3: Drug Safety - Magic Medicine Safe Zone Year Two LESSON 3: Online Reputation
Spring 2	Core Theme 1 Unit 3 LESSON 1: Similarities and Differences - Boys v Girls Core Theme 1 Unit 3 LESSON 2: The Human Body - Body Bits Core Theme 1 Unit 3 LESSON 3: Growing Up - All Grown Up Core Theme 1 Unit 3 LESSON 4: Changing Needs - I Need Core Theme 1 Unit 1 LESSON 5: Physical Activity - Mighty Muscles Core Theme 1 Unit 1 LESSON 6: Exercise - Workout! Safe Zone Year Two LESSON 4: Online Bullying
Summer 1	Core Theme 2 Unit 2 LESSON 5: Behaviour - Help Me! Core Theme 2 Unit 3 LESSON 3: Behaviour - In My Shoes Core Theme 2 Unit 3 LESSON 5: Teasing - Cry Baby! Core Theme 3 Unit 2 LESSON 4: Local Citizenship - Our Local Area Core Theme 3 Unit 2 LESSON 5: Local Citizenship - Community Care Core Theme 1 Unit 3 LESSON 5: Responsibility - Who's at Fault? Safe Zone Year Two LESSON 5: Managing Online Information
Summer 2	Core Theme 1 Unit 3 LESSON 6: Emotions – Mood Swings Core Theme 1 Unit 4 LESSON 3: Love - Three Little Words Core Theme 1 Unit 4 LESSON 4: Sadness - How to Cope Core Theme 3 Unit 3 LESSON 4: Money - Shopping List Core Theme 3 Unit 3 LESSON 5: Choices - This or That? Core Theme 3 Unit 3 LESSON 6: Enterprise - Dragons' Den Safe Zone Year Two LESSON 6: Copyright and Ownership Safe Zone Year Two LESSON 7: Privacy and Security

Year Three/Four Overview (Cycle A)

Autumn 1	Core Theme 1 Unit 6 LESSON 1: E-Safety – Online Chat Core Theme 1 Unit 6 LESSON 2: Online Privacy – The Secrets Jar Core Theme 1 Unit 6 LESSON 3: Online Privacy – E-Protection Core Theme 3 Unit 1 LESSON 1: Rules – I’m In Charge! Core Theme 3 Unit 1 LESSON 2: Thinking Ahead – Lesson Planning Core Theme 3 Unit 1 LESSON 3: Taking the Lead – Learning Time Safe Zone Year Three LESSON 1: Self-Image and Identity
Autumn 2	Core Theme 2 Unit 5 LESSON 1: Friendship – Best Features Core Theme 2 Unit 5 LESSON 2: Friendship – Circles Time Core Theme 2 Unit 5 LESSON 3: Friendship - Falling Out Core Theme 2 Unit 5 LESSON 4: Friendship – The BAFAs Core Theme 1 Unit 5 LESSON 1: Loss / Separation – Lost! Core Theme 1 Unit 5 LESSON 2: Loss / Separation – Found! Safe Zone Year Three LESSON 2: Online Relationships
Spring 1	Core Theme 1 Unit 1 LESSON 1: Physical, Emotional and Mental – I Am Who I Am! Core Theme 1 Unit 1 LESSON 2: Physical, Emotional and Mental – Hearts and Minds Core Theme 1 Unit 1 LESSON 3: Physical, Emotional and Mental – Three in One Core Theme 1 Unit 2 LESSON 4: Sleep – Sweet Dreams Safe Zone Year Three LESSON 2: Online Relationships Safe Zone Year Three LESSON 3: Online Reputation
Spring 2	Core Theme 2 Unit 1 LESSON 1: Clear Messages – Dot, Dot, Dash Core Theme 2 Unit 1 LESSON 2: How to Listen – Listen Up! Core Theme 3 Unit 2 LESSON 1: Different Communities – My Community Core Theme 3 Unit 2 LESSON 2: School Communities – School Swap Safe Zone Year Three LESSON 4: Health, Well-Being and Lifestyle
Summer 1	Core Theme 1 Unit 7 LESSON 1: Before Puberty – You’ve Grown! Core Theme 1 Unit 7 LESSON 2: Visible Changes – Mind the Gap Core Theme 1 Unit 8 LESSON 1: How to Help – Who to Call Core Theme 1 Unit 8 LESSON 2: Emergency Calls – Calling 999 Core Theme 1 Unit 8 LESSON 3: Emergency Calls – Ambulance, Now! Safe Zone Year Three LESSON 5: Privacy and Security
Summer 2	Core Theme 1 Unit 2 LESSON 1: A Balanced Approach – Define: Healthy Core Theme 1 Unit 2 LESSON 2: Physical Exercise – Active Kids? Core Theme 1 Unit 2 LESSON 3: Lifestyle Choices – It’s Your Choice Core Theme 2 Unit 2 LESSON 1: Working Together – Name Game Core Theme 2 Unit 2 LESSON 2: Working Together – Build It Up Core Theme 2 Unit 2 LESSON 3: Shared Goals – Better Places Safe Zone Year Three LESSON 6: Copyright and Ownership

Year Three/ Four Overview - Cycle B

Autumn 1	Core Theme 1 Unit 6 LESSON 4: Online Privacy – It's Personal Core Theme 1 Unit 6 LESSON 5: Internet Use – Online Usage Core Theme 1 Unit 6 LESSON 6: Internet Use – Age Limits Core Theme 3 Unit 3 LESSON 1: Gender Stereotypes – His and Hers Safe Zone Year Four LESSON 1: Online Relationships and Online Bullying
Autumn 2	Core Theme 2 Unit 3 LESSON 1: Reactions - Frustration Core Theme 2 Unit 3 LESSON 2: Self-Worth – I'm a Marvel! Core Theme 2 Unit 3 LESSON 3: Persistence and Resilience - Don't Give Up Core Theme 2 Unit 3 LESSON 4: Negative Persistence – Over and Over Core Theme 1 Unit 5 LESSON 5: Feelings – Overreacting Safe Zone Year Four LESSON 2: Health, Well-Being and Lifestyle
Spring 1	Core Theme 1 Unit 3 LESSON 1: A Balanced Diet – Plant or Animal? Core Theme 1 Unit 3 LESSON 2: A Balanced Diet – Balancing Act Core Theme 1 Unit 3 LESSON 3: Working with Food – Master Chef Core Theme 1 Unit 3 LESSON 4: Working with Food – Our Food Hall Safe Zone Year Four LESSON 3: Online Reputation and Managing Online Information
Spring 2	Core Theme 2 Unit 1 LESSON 3: Responding to Others – Agony Aunts Core Theme 2 Unit 1 LESSON 4: Expressing Opinions – It's Debatable Core Theme 1 Unit 5 LESSON 3: Loss / Separation – Left Behind Core Theme 1 Unit 5 LESSON 4: Family Changes – Two Homes Safe Zone Year Four LESSON 4: Self-Image and Identity
Summer 1	Core Theme 1 Unit 4 LESSON 1: Identified Strengths – I'm Good at That Core Theme 1 Unit 5 LESSON 6: Self-Respect – Let's Rock! Core Theme 1 Unit 4 LESSON 2: Identified Strengths – Future Me Core Theme 1 Unit 4 LESSON 3: Setting Goals – That's My Goal! Core Theme 1 Unit 4 LESSON 4: Setting Goals – The Impossible Dream Safe Zone Year Four LESSON 5: Copyright and Ownership
Summer 2	Core Theme 2 Unit 4 LESSON 1: Connections – Paper Chains Core Theme 2 Unit 4 LESSON 2: Family Links – Family Tree Core Theme 2 Unit 4 LESSON 3: Religious Views – Faith Findings Core Theme 2 Unit 4 LESSON 4: Celebrate Diversity – Inside Outside Core Theme 3 Unit 4 LESSON 1: Money Choices – A Million Dollars Core Theme 3 Unit 4 LESSON 2: Managing Money – Design Choices Safe Zone Year Four LESSON 6: Privacy and Security

Year Five/ Six Overview – Cycle A

Autumn 1	Core Theme 3 Unit 1 LESSON 1: Structure – Just Imagine ... Core Theme 3 Unit 1 LESSON 2: Law and Order – In Charge Core Theme 3 Unit 1 LESSON 3: U.N. Rights – Our Rights Core Theme 2 Unit 4 LESSON 5: Online Relationships – A Risky Business Core Theme 1 Unit 5 LESSON 1: Drugs – Just Say No! Core Theme 1 Unit 5 LESSON 2: Alcohol – Drink Aware Safe Zone Year Five LESSON 1: Privacy and Security
Autumn 2	Core Theme 1 Unit 4 LESSON 1: Death and Grief – It's Natural Core Theme 1 Unit 4 LESSON 2: Death and Grief - Poppies Core Theme 1 Unit 4 LESSON 3: Managing Conflict – Families at War Core Theme 3 Unit 2 LESSON 1: Community Event – We're Cultured! Safe Zone Year Five LESSON 2: Self-Image and Identity
Spring 1	Core Theme 1 Unit 1 LESSON 2: Physical, Emotional and Mental – What's Puberty? Core Theme 1 Unit 1 LESSON 3: Healthy Lifestyles – You Choose! Core Theme 1 Unit 5 LESSON 3: Tobacco – Up in Smoke Core Theme 1 Unit 5 LESSON 4: Substance Abuse – Let's Be Frank Safe Zone Year Five LESSON 3: Online Reputation and Managing Online Information
Spring 2	Core Theme 1 Unit 1 LESSON 1: Physical, Emotional and Mental – 3-Dimensional Core Theme 2 Unit 1 LESSON 1: Confidentiality – Secret Info Core Theme 2 Unit 1 LESSON 2: Listening – I'm All Ears! Core Theme 2 Unit 1 LESSON 3: Responding – Scenarios Safe Zone Year Five LESSON 4: Health, Well-Being and Lifestyle
Summer 1	Core Theme 1 Unit 2 LESSON 1: Food Choices – Secret Eaters Core Theme 1 Unit 2 LESSON 2: Food Choices – Invention Team Core Theme 1 Unit 2 LESSON 3: Cooking – Michelin Stars Core Theme 2 Unit 4 LESSON 1: Physical Contact – Touch Sensitive Safe Zone Year Five LESSON 5: Copyright and Ownership
Summer 2	Core Theme 2 Unit 2 LESSON 1: Responding - Scrabble Core Theme 2 Unit 2 LESSON 2: Shared Goals – It's All Go! Core Theme 2 Unit 2 LESSON 3: Community Spirit – All Join In Core Theme 1 Unit 5 LESSON 5: Basic First-Aid – First Aids Tips Safe Zone Year Five LESSON 6: Online Relationships and Online Bullying

Year Five/ Six Overview – Cycle B

Autumn 1	Core Theme 1 Unit 3 LESSON 1: Identified Strengths – Big Dreams Core Theme 1 Unit 3 LESSON 2: Identified Strengths – Big Achievers Core Theme 1 Unit 3 LESSON 3: Setting Goals – ‘Super Futures’ Core Theme 1 Unit 3 LESSON 4: Setting Goals – I Can Do That! Core Theme 1 Unit 5 LESSON 6: Internet Safety – Fake News Safe Zone Year Six LESSON 1: Online Reputation and Managing Online Information
Autumn 2	Core Theme 2 Unit 3 LESSON 1: Race and Ethnicity – United States? Core Theme 2 Unit 3 LESSON 2: Gender Stereotypes – Jobs 4 All Core Theme 2 Unit 3 LESSON 3: Culture – Cultural Feast Safe Zone Year Six LESSON 2: Online Relationships and Online Bullying
Spring 1	Core Theme 1 Unit 1 LESSON 4: Physical Illness – Bleugh! Core Theme 1 Unit 1 LESSON 6: Immunisation – One Sharp Scratch Core Theme 2 Unit 4 LESSON 3: Marriage – I Promise... Safe Zone Year Six LESSON 3: Self-Image and Identity
Spring 2	Core Theme 1 Unit 1 LESSON 5: Healthy Minds – Young Minds Core Theme 2 Unit 4 LESSON 4: Mental Wellbeing – Mind Business Core Theme 2 Unit 4 LESSON 2: Support and Care – Connections Safe Zone Year Six LESSON 4: Health, Well-Being and Lifestyle
Summer 1	Core Theme 3 Unit 3 LESSON 1: Budgeting – Money Supermarket Core Theme 3 Unit 3 LESSON 2: Consumer Sense – Payment Terms Core Theme 3 Unit 3 LESSON 3: Consumer Sense – A Class Catalogue! Safe Zone Year Six LESSON 5: Privacy and Security
Summer 2	Core Theme 3 Unit 4 LESSON 1: Generating Income – Making Money Core Theme 3 Unit 4 LESSON 2: Generating Income – Raising Money Safe Zone Year Six LESSON 6: Copyright and Ownership